

Ham and Cheese

Cheese

Chicken and Cheese

Ham, Cheese & Tomato

Gluten Free Wrap with GF tender with cheese

St. Joseph's Park Avenue Tuckshop Menu 2021

Tuckshop is opened Monday through Thursday, from 8:35 – 11:30am Tuckshop is cashless. All lunch orders to be ordered via quickcliq.com.au. Orders must be in by 8:45am. First Break (Big Lunch) at 11am.

SANDWICHES/WRAPS/*BOX: Available 1st & 2nd Break		EXTRAS	
Bread is wholemeal unless white is requested		Tomato/ BBQ Squeeze Sachets	\$0.30
Strawberry Jam or Vegemite	\$1.50	Biocane Cutlery	\$0.10
Cheese	\$1.80		
Egg with mayo	\$3.00	DRINKS: Available 1st & 2nd Break	
Chicken or Ham	\$3.00	Popper 100% Juice 250ml:	\$1.80
Chicken or Ham with cheese	\$3.50	Apple, Tropical, Apple/Blackcurrant	7
Chicken, Ham or Egg with salad*	\$4.50	Flavoured Milk 300ml: Chocolate or Strawberry	\$2.50
Salad*	\$4.00	Bottled Water 600ml	\$1.50
Ham, Cheese & Tomato	\$4.00		7 - 10 0
Chicken Caesar*	\$5.00	SNACKS: Available 1st & 2nd Break	
Additional Fillings add 60 FO and		Apple Slinky	\$1.50
Additional Fillings add \$0.50 each Salad = Lettuce, Tomato, Carrot, Cucumber, Beetroot, Cheese		Carrot Sticks	\$0.50
		Fruit of the Day	\$1.50
		Seasonal Fruit Salad Cup	\$2.50
HOTFOOD: Available 1 st Break Only		Popcorn Bag	\$1.00
Crumbed Chicken Burger with cheese, lettuce, & mayo		Muffin: Asst.	\$1.80
Beef Cheese Burger with lettuce, tomato, & sauce	\$5.00	Cheese & Crackers	\$1.50
Above burgers with all salad	\$6.00	Veg. Sticks, crackers and dip	\$2.50
3	ach \$0.90	Yoghurt 90g Vanilla, Strawberry, Passionfruit	\$1.00
Garlic Bread	\$1.00	Boiled Egg	\$0.50
Hotdog with sauce	\$3.00		•
Hotdog with sauce & cheese	\$3.50	Meal Deals	
Chicken Tender Wrap with lettuce, mayo, & cheese	\$5.00	Toastie Meal: Ham or Chicken & cheese Toastie,	
Chicken Tender Wrap with salad	\$6.00	Muffin & Popper	\$6.00
Lasagna (Incl. fork & knive)	\$5.00	Healthy Meal: Ham or Chicken w/cheese, Veg. sticks,	Ş0.00
	ach\$1.20	crackers & dip, Yoghurt	\$6.00
Sausage Roll	\$2.70	crackers & dip, rognart	Ş0.00
Chicken Gravy Roll	\$4.50		
Toasted Sandwiches/Wraps: 1st Break Only		Food Allergies/Dietary Requirements	

Please see Tuckshop and we will do our very best to provide Suitable/ Alternate items specifically for them.

VOLUNTEERS ARE IMPORTANT

If you are able to help in any way, please feel free to drop by Tuckshop and see me, Debbie. You can also leave a message with the office staff or send me an email, debbie_rooney@rok.catholic.edu.au.

\$4.00

\$4.00

\$4.50

\$2.30

\$5.00